

**Volume 04, Issue 02**

**December 2025**



# **Nookaadi**

**Institute of Medical Sciences**



# EDITORIAL COMMITTEE

## Committee Members

**Mrs. S.Renuka**

**Mr.S.Shayuthan**

**Ms.M.Beulah**

**Mr.J.Jeyapiriyam**

**Ms.M.Mithushajini**

**Mr.A.Sangaran**

**Ms.G.Vithushiya**



## IMS HIGHLIGHTS

### Caregiver 5th Batch Commencement

The Institute of Medical Sciences proudly commenced the Caregiver 5th Batch on 10 July 2025, marking another milestone in its commitment to developing skilled and compassionate healthcare professionals. As the students begin their journey, IMS looks forward to nurturing their knowledge, confidence, and dedication to providing quality patient care.



### NVQ Level 04 Nurse Assistant Training Completion

The Institute of Medical Sciences proudly marked the successful completion of the NVQ Level 04 Nurse Assistant Training on 11 August 2025.

This achievement reflects the dedication and hard work of the students, who are now well-prepared to enter the healthcare sector with compassion, skill, and professionalism.

IMS extends its congratulations to the graduates as they step forward to serve the community.



### NVQ Level 03 Caregiver Batch Completion

The Institute of Medical Sciences is pleased to announce that students of the NVQ Level 03 Caregiver 3 Batch successfully completed their final assessment on 23 August 2025, with all candidates passing.

This achievement reflects their dedication, commitment, and competence in caregiving. IMS congratulates all students and wishes them continued success in their future healthcare careers.



### Mannar Expansion: Nurse Assistant 14th Batch Commencement.

The Institute of Medical Sciences in collaboration with Caritas Valvuthayam, commenced the Nurse Assistant 14th Batch in Mannar on 14 September 2025, marking an important step in expanding healthcare education in the region.

The inauguration was attended by distinguished guests from academic, medical, and community sectors, who offered their guidance and encouragement to the new students as they begin their journey in healthcare.



This milestone reflects IMS's continued commitment to enhancing accessibility to quality healthcare education.

By reaching underserved regions and creating opportunities for skill development, IMS plays a vital role in empowering future healthcare professionals and strengthening community health services across the region

### **NVQ Level 04 Dental Surgery Nurse Assistant Course Commencement**

The Institute of Medical Sciences commenced the Dental Surgery Assistant (NVQ Level 04) course on 20 December 2025, marking an important step in strengthening dental healthcare training.

This specialized program is designed to meet the growing demand for skilled dental professionals, combining theoretical knowledge with practical training. We look forward to supporting this new batch of students as they prepare for essential roles in the dental healthcare sector



## ACTIVITIES

### IMS Blood Donation Campaign at Green Memorial Hospital

In the spirit of care and service, the Institute of Medical Sciences organized a Blood Donation Campaign on 28 August 2025 at the Green Memorial Hospital.

Students, staff, and well-wishers participated with great compassion, contributing to this life-saving initiative. The campaign reflected strengthening awareness of the importance of voluntary blood donation in the Northern Province.



### World Mosquito Day: IMS Shramadana at Green Memorial Hospital

To mark World Mosquito Day on 20 August 2025, the Institute of Medical Sciences organized a Shramadana program at the Green Memorial Hospital. Students and staff actively participated in cleaning the hospital surroundings and nearby areas.

The initiative supported efforts to prevent mosquito-borne diseases and promote a cleaner environment. This activity reflected

IMS's commitment to public health awareness and community responsibility through meaningful service.



### World Physiotherapy Day 2025: Stepping Toward Wellness

On 08 September 2025, the Institute of Medical Sciences celebrated World Physiotherapy Day with a Health Walk. The event began at 6:00 AM from Kompayan Primary Substation and was organized with the support of the Rotaract Club of Midtown.

Students, staff, and invited guests participated, including academic and administrative representatives and the physiotherapy team from NRC & safe coordination provided by the Traffic Police.





### International Day of Older Persons: Honoring Our Roots

On the International Day of Older Persons, IMS engaged in meaningful activities that reflected empathy, respect, and community service. On 01 October 2025, students visited the State Home for Elders in Kaithady, where



they volunteered to clean and organize residents' living areas, improving hygiene and comfort.

The day continued with a cultural program featuring heartfelt performances and moments of shared wisdom, creating a joyful atmosphere for the elders. This initiative reflected IMS's commitment to nurturing healthcare professionals who value both clinical excellence and human compassion



### World Mental Health Day 2025: Promoting Inner Well-being

World Mental Health Day 2025 with a peaceful Yoga Session held at the IMS campus on 10 October 2025. The session included simple breathing techniques, stretching exercises, and meditation practices designed to reduce stress and enhance inner peace. The calm atmosphere of the session encouraged relaxation and self-awareness among attendees.



## Building Responsibility Through Action: Shramadana Activities

On 25 October 2025, the Institute of Medical Sciences conducted Shramadana activities as part of the Occupational Health, Safety, and Environmental Protection module, promoting responsibility towards a safer and cleaner environment.

Students and staff actively participated in cleaning and environmental improvement activities, turning classroom learning into meaningful practical action. The initiative emphasized teamwork, safety awareness, and environmental responsibility.



## Parenting Skills Awareness Program

The Institute of Medical Sciences, in collaboration with Ahead Trust Pre School, conducted a Parenting Skills Awareness Program on 31 October 2025, focusing on developing effective parenting approaches for a child's holistic growth.

The session was facilitated by Ms. Uthayakala (Retired Assistant Director Psychosocial Development, Department of Education). Parents were guided on understanding



emotional needs, strengthening communication, and fostering children with care, empathy, and discipline. A follow-up session was also held on 03 November 2025 in collaboration with the Thellippalai Divisional Secretariat, further reinforcing the importance of emotional understanding and constructive parenting methods.



## Free Medical Camp – World Diabetes Day, Outreach in Navaly

Institute of Medical Sciences, in collaboration with Green Memorial Hospital and the Rotaract Club of Jaffna Midtown, organized a Free Medical Camp on 14 November 2025 at the Navaly YMCA Hall to commemorate World Diabetes Day.

The camp promoted community health by providing free consultations, health screenings, basic treatments, and medical guidance to the public. Members of the public actively participated, benefiting from early detection services and valuable advice on maintaining a healthy lifestyle. IMS extends its sincere appreciation to all volunteers and participants whose dedications and support contributed to the success of this outreach program.



## WORKSHOPS

### Palliative Care Workshop: AHEAD Pre School

MANNAR – On 09 July 2025, IMS conducted a comprehensive Palliative Care Workshop aimed at improving end-of-life care standards. The curriculum was designed to bridge the gap between clinical data management and the human experience.

A total of 24 dedicated participants actively engaged in the session, gaining practical knowledge in pain management, emotional support, and patient-centered care. The program highlighted the importance of empathy and professionalism in end-of-life care, empowering healthcare providers to make a meaningful difference in patients' lives.



### Essential First Aid Skills: Hands-On Training

On July 18–19, the Institute of Medical Sciences hosted a high-intensity, two-day workshop titled "Essential First Aid Skills. This vital training was specifically designed to equip our Nursing Assistants and HNDN students with the practical skills needed for rapid emergency response.

Led by expert Mr. T. Poorvajan, the campus was transformed into a simulation zone to build "muscle memory" for real-world crises.

#### Key Training Areas:

- **CPR:** Life-saving resuscitation techniques.
- **Bleeding Control:** Managing severe trauma.

- **Injury Management:** Practical emergency care.

By focusing on instinctive action over theory, IMS ensures our students are ready to save lives with confidence.



### Fire Prevention and Control: Safety in Action

The IMS conducted practical demonstration on Fire Prevention and Control Techniques to ensuring safe environment. Workshop was Facilitated by the expert team from YARL Fire Protectors, this session moved beyond theory to provide staff and students with real-world emergency skills.

Participants engaged in live drills to understand fire behavior and technical suppression methods, focusing on:

- **Fire Chemistry & Prevention:** Understanding how fires start and how to stop them.
- **Extinguisher Proficiency:** Learning the P.A.S.S. method (Pull, Aim, Squeeze, Sweep).
- **Emergency Evacuation:** Coordination and safety protocols for swift building exits.



## JOB FAIRS

### ADRA Sri Lanka's Job Fair

On **09 July 2025**, Institute of Medical Sciences recently participated in the ADRA Sri Lanka Job Fair in Mannar, connecting with local talent to showcase the future of healthcare education.

#### Key Highlights:

- **Direct Engagement:** Our team provided aspiring healthcare professionals with insights into nursing and medical support careers.
- **Program Guidance:** We shared detailed information on our academic offerings and professional growth pathways.
- **Employment Links:** We focused on creating direct bridges between education and stable employment for the Mannar community.

Through this initiative, IMS continues its commitment to regional development and empowering the next generation of healthcare heroes in the North.



### Promoting Healthcare Excellence: IMS at the Uduvil Job Fair

The Institute of Medical Sciences participated in a Job Fair organized with the Department of Manpower and Employment and the Uduvil Divisional Secretariat On 16 July 2025. The IMS team engaged with visitors, promoting healthcare career pathways and academic programs.



Many students registered on-site after receiving guidance from academic staff. This initiative reflects IMS's ongoing commitment to making healthcare education accessible and supporting future professionals.



### IMS at the Sandilippay Job Fair: Empowering Careers

On 29 July 2025, the Institute of Medical Sciences participated in a Job Fair hosted by the Valikamam South West Divisional Secretariat in Sandilipay. Our team engaged with students and job seekers, providing career guidance and insights into healthcare education pathways. The stall served as an informative space where participants received personalized consultations for professional growth.



### Connecting Careers: IMS at the Jaffna Kachcheri Job Fair

**JAFFNA** —IMS participated in the Jaffna Kachcheri Job Fair on September 22nd. IMS representatives engaged with numerous visitors to offer career guidance and highlight the school's specialized healthcare programs.

The event underscored the institute's commitment to preparing students for the global medical landscape while making professional education accessible within the heart of Jaffna.



### IMS Showcases Nursing Programs at Mullaitivu Job Fair

**MULLAITIVU** — The Institute of Medical Sciences participated in the Mullaitivu District Secretariat Job Fair on September 29, 2025. The IMS academic team engaged with students and families to provide guidance on specialized nursing programs and the global demand for



healthcare professionals.

This participation marks a key milestone in the institute's mission to make high-quality medical education accessible and to train the next generation of healthcare workers in the Mullaitivu region.



### Empowering Karainagar: IMS Promotes Professional Healthcare Pathways

on October 7, 2025, The Institute of Medical Sciences participated in a community event organized by the Divisional Secretariat, Karainagar. IMS introduced its professional healthcare training programs to the local community, engaging directly with students and residents.

This outreach is part of the institute's ongoing initiative to make medical education accessible and to help new generation prepare for high-demand careers to strengthening the medical infrastructure of their own communities



## COMMUNITY OUTREACH

### Contribution from Manithaneyam Trust

The Institute of Medical Sciences strengthened its practical training facilities with the addition of a new medical training mannequin, made possible through the generous support of the Manithaneyam Trust.

The Trust has also extended significant financial assistance to students, contributing LKR 1.6 million on 21 August 2025 for Nurse Assistant (NA-XII) and Caregiver (CG-V) batches, followed by a further donation of LKR 02 million on 02nd December 2025 towards Nurse Assistant Batch (NA-XIV) and Kaithady projects. IMS sincerely appreciates this continued support, which enhances both student learning and access to quality healthcare education.



### Student Support: Scholarships from Vanni Hope & Cane Hospital

The Institute of Medical Sciences gratefully acknowledges the financial support provided by Vanni Hope and Cane Hospital towards student scholarships. Vanni Hope awarded scholarships to two nursing students from November 2025 to March 2026, providing a monthly allowance of LKR 8,000.00. In addition, Cane Hospital supported two students from June to December 2025 with a total contribution of LKR 160,000.00.

IMS sincerely appreciates their continued commitment to supporting students and enabling access to quality healthcare education.

### Ride for Ceylon 2025: Turning Wheels, Changing Lives

The 9th annual Ride for Ceylon was held in July 2025, bringing together cyclists on a 400km journey from Colombo to Jaffna in support of a meaningful cause.

More than a cycling challenge, the initiative represents compassion and resilience, with every kilometer contributing to the restoration of the Manipay Green Memorial Hospital and supporting wider community-focused charitable efforts.

This annual journey continues to reflect a shared commitment to uplifting communities and strengthening healthcare services across the region.



## EVENTS

### Honoring the Call to Care: HNDN 9th Batch Capping Ceremony

On August 23, 2025, the Institute of Medical Sciences celebrated Capping and Oath-Taking Ceremony for our 9th Batch of Higher National Diploma in Nursing (HNDN) students. This ceremony marked the formal entry of 20 students into the nursing profession.

As they received their caps and badges, they pledged to serve the community. We extend our deepest gratitude to the parents, faculty, and clinical mentors who have supported these future healthcare leaders.



### IMS Annual Get-Together 2026: A Celebration of Unity and Excellence

On December 21, 2025, the Institute of Medical Sciences hosted its Annual Get-Together 2026, bringing together students, faculty, and staff for a vibrant day of celebration. We were honored to welcome **Prof. S. Raviraj** (Chair Professor of Surgery & Consultant Surgeon, Teaching Hospital, Jaffna) as our Chief Guest.

The event featured an array of cultural performances and talent showcases that highlighted the incredible creativity and dedication within our community.



## IMS Week 2025: Celebrating Unity & Talent

The Institute of Medical Sciences celebrated IMS Week 2025 from 08th to 14th September 2025 with a vibrant mix of sports, cultural, and academic activities, bringing together students and staff in a spirit of unity and teamwork.

The week featured Indoor Games, Kilithaddy, and a Marathon, along with a community visit to the Sivaboomi Elders Home. Students also participated in a Quiz Competition and various sports events, showcasing skill, knowledge, and enthusiasm.

The celebrations concluded with a grand Closing Ceremony including multiple track and field events, cultural performances, and prize distribution. IMS Week 2025 ended as a meaningful celebration of talent & learning,



## CULTURAL EVENTS

### *Celebrating Tradition: Navaratri & Vaani Vizha 2025*

At the Institute of Medical Sciences (IMS), we value holistic growth by honoring traditions that inspire knowledge and unity. During the Navaratri season, IMS marked two meaningful celebrations.

On 26 September 2025, the IMS community came together for a devotional Pooja, reflecting on knowledge, strength, and dedication to the medical profession. This was followed by Vaani Vizha 2025 on 02 October, where students and staff showcased their talents in a vibrant and joyful celebration.



**Contact Us:**

*Institute of Medical Sciences,  
Jameson Block, 01<sup>st</sup> Floor,  
Green Memorial Hospital  
Jaffna  
[theimsjaffna@gmail.com](mailto:theimsjaffna@gmail.com)*